

Welcome to boarding

- Food and drink options for boarders during your time at the student hostel and a brief summary of our ZBC Food Hall rules.

Join us. It is possible to change the world.



Mealtimes

Breakfast: 07:00 - 09:00

The breakfast buffet offers an assortment of brown and white bread, rye bread, crispbread, yoghurt, oats cornflakes, cheese, jams, butter and 2 kinds of toppings. For breakfast, you may take milk as well as coffee or tea.

Packed lunch: 07:00 - 08:45

If you are not going to be eating lunch at school, you

may have a packed lunch, either a filled roll or rye bread to take with you.

Lunch: 11:00 - 13:00

For lunch you have a choice of the following:

- 1 plate of hot food (150 g of meat) with a choice of accompaniments and 1 plate of salad or
- 1 filled roll and 1 plate of salad.

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Coffee/tea for free

As a boarder you have free coffee / tea in ZBC Food Hall.

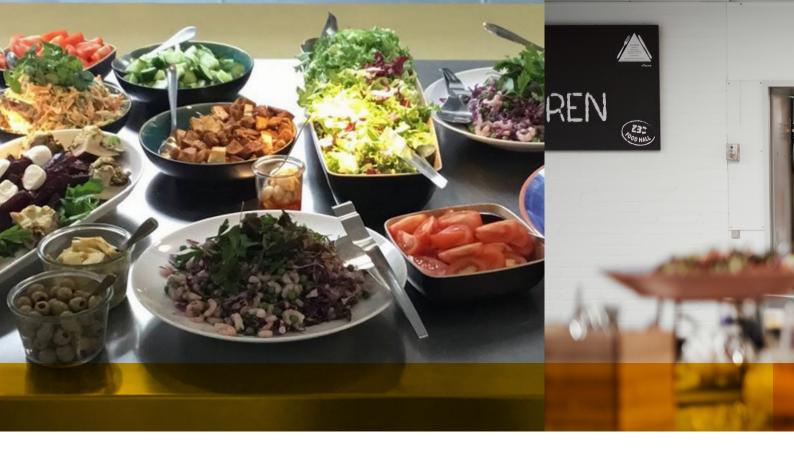
Dinner: 17:00 - 17:45

For dinner, cold meats, a hot dish and a selection of bread including rye bread are served.

Evening coffee

Evening coffee is served at the student centre. Bread, butter and jam is served with evening coffee.

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General rules in the ZBC Food Hall

Your key tag is coded to work in the ZBC Food Hall, and you must have it with you at all times when eating in the ZBC Food Hall. If your key tag doesn't work, please contact staff at the student hotel so that they can order a new one.

The ZBC Food Hall is self-service. When you have finished eating, take your used dishes and any other waste to the designated area for sorting and place dirty dishes in the receptacles provided.

Remember to put up your chair before leaving the ZBC Food Hall

Removing food or dishes from the ZBC Food Hall is not permitted. Exceptions can be made in e.g. event of sickness. Food can be put aside for you if you're unlikely to be able to make it to the ZBC Food Hall during opening time. This must be arranged with ZBC Food Hall staff or with staff at the hotel.

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If you have a food allergy, you can discuss this with the ZBC Food Hall staff so that a special diet can be prepared for you. Note in special cases the ZBC Food Hall may require a medical certificate concerning your allergy.

Don't share or give your food away to others. This will be regarded as theft. Don't help yourself to more food than you can eat.

Contact the Food Hall manager if there's anything you're not happy about. The only way to make changes is to have a dialogue about it.

Automatic vending machines at the school

The ZBC Food Hall is responsible for the school's soft drinks vending machine. Should anything go wrong with the machine, please contact the ZBC Food Hall staff, who will assist as far as possible.

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